

Stroke Foundation submission to consultation on Draft 24-hour movement recommendations for adults and older Australians – Online survey questions

These questions relate to the draft 24-HOUR MOVEMENT RECOMMENDATIONS FOR ADULTS 18-64 YEARS.

1. Are the draft 24-HOUR MOVEMENT RECOMMENDATIONS FOR **ADULTS 18-64 YEARS** clear?
 - Not at all clear
 - Not clear
 - Unsure
 - Clear
 - **Very clear**

2. Do you have any comments about the draft 24-HOUR MOVEMENT RECOMMENDATIONS FOR **ADULTS 18-64 YEARS** as we have presented them? (There is a limit of 250 characters)

These recommendations are clear, but have been developed for on an expert audience. When the final guideline document is released it is critical it is accompanied by a consumer-friendly summary that health professionals and peak bodies can use when communicating recommendations to the public.

These questions relate to the draft 24-HOUR MOVEMENT RECOMMENDATIONS FOR OLDER AUSTRALIANS 65+ YEARS.

3. Are the draft 24-HOUR MOVEMENT RECOMMENDATIONS FOR **OLDER AUSTRALIANS 65+ YEARS** clear?
 - Not at all clear
 - Not clear
 - Unsure
 - Clear
 - **Very clear**

4. Do you have any comments about the draft 24-HOUR MOVEMENT RECOMMENDATIONS FOR **OLDER AUSTRALIANS 65+ YEARS** as we have presented them? (There is a limit of 250 characters)

These recommendations are clear, but have been developed for on an expert audience. When the final guideline document is released it is critical it is accompanied by a consumer-friendly summary that health professionals and peak bodies can use when communicating recommendations to the public.

These questions relate to the draft 24-HOUR MOVEMENT RECOMMENDATIONS FOR ADULTS AND OLDER AUSTRALIANS LIVING WITH DISABILITY.

5. Are the draft 24-HOUR MOVEMENT RECOMMENDATIONS FOR **ADULTS AND OLDER AUSTRALIANS LIVING WITH DISABILITY** clear?

- Not at all clear
- Not clear
- Unsure
- Clear
- **Very clear**

6. Do you have any comments about the draft 24-HOUR MOVEMENT RECOMMENDATIONS FOR **ADULTS AND OLDER AUSTRALIANS LIVING WITH DISABILITY** as we have presented them? (There is a limit of 250 characters)

These recommendations are clear, but have been developed for on an expert audience. When the final guideline document is released it is critical it is accompanied by a consumer-friendly summary that health professionals and peak bodies can use when communicating recommendations to the public.

These questions relate to the draft 24-HOUR MOVEMENT RECOMMENDATIONS FOR ADULTS AND OLDER AUSTRALIANS WITH CHRONIC CONDITIONS.

7. Are the draft 24-HOUR MOVEMENT RECOMMENDATIONS FOR **ADULTS AND OLDER AUSTRALIANS WITH CHRONIC CONDITIONS** clear?

- Not at all clear
- Not clear
- Unsure
- Clear
- **Very clear**

8. Do you have any comments about the draft 24-HOUR MOVEMENT RECOMMENDATIONS FOR **ADULTS AND OLDER AUSTRALIANS WITH CHRONIC CONDITIONS** as we have presented them? (There is a limit of 250 characters)

These recommendations are clear, but have been developed for on an expert audience. When the final guideline document is released it is critical it is accompanied by a consumer-friendly summary that health professionals and peak bodies can use when communicating recommendations to the public.

This question relates to all draft 24-HOUR MOVEMENT RECOMMENDATIONS FOR ADULTS AND OLDER AUSTRALIANS

9. Overall, are you supportive of the draft recommendations to be included in the Australian 24-hour movement guidelines for adults and older Australians?

- **Yes**
- Yes, with proposed changes
- No, with proposed changes

Please specify proposed changes (There is a limit of 250 characters)

We support these recommendations, but they have been developed for on an expert audience. When the final guideline document is released it is critical it is accompanied by a consumer-friendly summary that health professionals and peak bodies can use when communicating recommendations to the public.